

## **WORD PROGRAMMES: COACHES**

The following is a brief description of programmes offered by Olympic Solidarity during the above period. For further information and application forms National Federations should contact the BOA Office.

### **TECHNICAL COURSES FOR COACHES**

The main objective of the technical courses programme is to provide basic training to coaches - officially recognised as such - through courses led by an expert from another country.

During the 2005-2008 quadrennium, particular focus will be laid on advance planning of the training courses and holding these in line with the rules established by the International Federations (IF) for this kind of training.

The basic idea is to allow for a "standardisation" of the training given to coaches around the world, providing a quality and performance benchmark for NOCs and their national sports structures (national federations, coaches, athletes, etc.)

#### *Implementation*

All training courses will be conducted by an international level expert nominated by the respective IF.

On average, the training will last between 10 and 15 days, but in all cases it must respect the rules established by the IFs for this kind of training with regard to number of participants, number of hours of theory and practical training, final assessment method, etc.

IFs are asked to plan their activities over the long term, with training objectives for their coaches between now and the end of the 2005-2008 quadrennium.

### **OLYMPIC SCHOLARSHIPS FOR COACHES**

The main objective of this programme is to offer coaches access to high level further training, experience and knowledge, which they will then use to benefit their respective national sports structures.

Olympic Solidarity is looking to continue the training possibilities available during the 2001-2004 quadrennial, and at the same time offer increasingly specific solutions to NOC needs.

#### *Candidate Profile*

The candidate for an Olympic scholarship will be a coach with the following characteristics. He or she must:

- Belong to a federation of a sport on the Olympic programme;

- Hold the rank of official national coach recognised in his/her country of origin and/or by the respective International Federation;
- Be able to prove that he/she has practical experience as a coach at national/international level;
- Undertake to pass on his/her knowledge and work to continue developing her/her sport after receiving the training.

### **DEVELOPMENT OF NATIONAL SPORTS STRUCTURE**

The development of sport in certain countries is often hindered by the fact that the national sport and coaching structure is disorganised or even non-existent.

The main objective of this programme is to allow NOCs to develop their national sports and coaching structure by implementing a mid to long term action plan for a specific sport.

Priority will be given to NOCs which can clearly demonstrate that the basic sports and coaching structure is weak but shows nevertheless potential for development.

NOCs will be offered the opportunity to receive a high level coach from abroad for a specific period of time (3 to 6 months). The action plan should include the following:

1. Establishing with National Federations coherent and realistic long term development plans
2. Training of local coaches (national and club level)
3. Improving the different training programmes for elite sport
4. Sport for all
5. School sports

Higher level courses (level 2 or 3) can also be held, but only for coaches who have already attended a course on the level below. In order to ensure a large enough number of participants, these training courses may involve coaches from several NOCs and be organised at regional level.